Individual Differences in Attachment Sample **Application** Essay Question – PLAN

Sam and Dan are both twelve months old. They are observed separately in Ainsworth’s Strange Situation. Sam is slightly upset when his mother leaves however, is soothed easily and uses his mother as a secure base to explore the new environment. Dan on the other hand is very upset when his mother leaves the room and cries loudly. When his mother returns he goes over to her but rejects any comfort that she offers, he is also reluctant to explore the new environment even when his mother is in the room

***Discuss Ainsworth’s research into individual differences in attachment. Refer to the experiences of both Sam and Dan in your answer. (12 marks)***

A01 - OUTLINE

A03 - EVALUATION

A02 - APPLICATION

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A01 – OUTLINE

**Aim, procedure and findings of Ainsworth’s study into individual differences**

A03 – EVALUATION

**+ Kokkinos, high control, easy to replicate**

**- ethical issues, type D, lacks ecological validity, high demand characteristics**

A02 – APPLICATION

**Sam – secure attachment - secure base when exploring, easily soothed**

**Dan – Insecure-resistant – high separation anxiety, seek and reject**