**Bowlby’s Theory** – *Evolutionary Theory*

A01 - description

**Description**

* Attachment is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (i.e. it promotes survival) and is therefore a \_\_\_\_\_\_\_\_\_\_\_\_\_\_ process
* Infants are born with an attachment gene that programmes them to display behaviours that increase the chances of them receiving care, called \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (e.g. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)
* The attachment gene in the parent drives them to provide care for the infant, in evolutionary terms, in order to promote the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ of their genes.
* Parents are thought to instinctively care for infants when they are most vulnerable, known as the \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_. Bowlby argued that an attachment must form during this time or the infant will not be able to form any future attachments
* Bowlby suggested that the infant’s form a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, one main attachment (typically with the \_\_\_\_\_\_\_\_\_\_\_\_\_\_).
* He argued this first relationship provides infants with an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ or attachment \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for later relationships with others (this is also referred to as the ‘continuity hypothesis’ as the same attachment behaviours and abilities *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to follow the same template).

A01 - description

Use this space to come up with a mnemonic that’ll help you remember the key words relating to Bowlby’s Theory of attachment.

Think back to the learning theory, what A03 points can you remember that might apply to Bowlby’s theory?

A03 - evaluation

**Point:** Research from animal studies has supported the key assumptions as put forward by Bowlby.

**Evidence:**

**Evaluation:**

**Point:** The Evolutionary Explanation (in particular monotropy) can be considered a socially sensitive idea.

**Evidence:**

**Evaluation:**

**Point:** However, additional research has suggested that the Internal Working Model may not be an accurate explanation of attachment.

**Evidence:**

**Evaluation:**

**Point:** Research from self-report surveys has supported the idea of the attachment template/continuity hypothesis.

**Evidence:**

**Evaluation:**