**Attachment types – Ainsworth & Bell (1970)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Separation anxiety** | **Stranger anxiety** | **Reunion behaviour** | **Willingness to explore** |
| **Secure** **%** |  |  |  |  |
| **Insecure-avoidant** **%** |  |  |  |  |
| **Insecure-resistant** **%** |  |  |  |  |